Patient Information

BEGO PMMA Splint and BEGO PMMA Splint E – Occlusal Splints

Partners in Progress

BEGO

Dear patient,

This brochure contains useful tips on how to use, care for, clean, and store your occlusal splint.

The occlusal splint is customized to your specific needs and is biocompatible.

Please wear the splint:

☐ At night ☐ During the day

We would like to wish you every success with your treatment!
Should you have any further questions, please do not hesitate to contact the practice team.

Important Information

If the splint is worn regularly this can result in function-related changes (e.g., opacification/discoloration or considerable signs of abrasion). In such cases, it may be necessary to repair or reproduce the splint.
The occlusal splint should be monitored as part of treatment by means of regular assessments in the dental practice.

Please note the following information to ensure the long-term functionality of the splint:

Use

Before putting the splint in your mouth:

- Clean your teeth
- Rinse the splint thoroughly with cold water

When wearing the splint:

- Do not eat or drink as there is otherwise a risk of the splint breaking

Optional:

- To increase comfort during insertion, the splint should be placed in warm water beforehand

Care and cleaning

After wearing the splint:

- Rinse the splint thoroughly with cold water and clean the inside and outside with a toothbrush

Please avoid cleaning with

- Toothpaste or prosthesis cleaners
- Cleaning agents containing dyes, e.g. mouthwash
- Household cleaning agents or abrasive agents
- Boiling water
- Ultrasound devices and cleaning methods with temperatures in excess of 35°C

Storage

In the time between the wearing cycles the splint should be stored dry at room temperature or in cold water under the exclusion of light. You can store the occlusal splint in the BEGO plastics box (without foamed inlay) that may have been provided. To avoid an increased accumulation of germ accumulation, please note that the occlusal splint remains dry during storage or is rinsed before wearing.

Dentist’s stamp

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